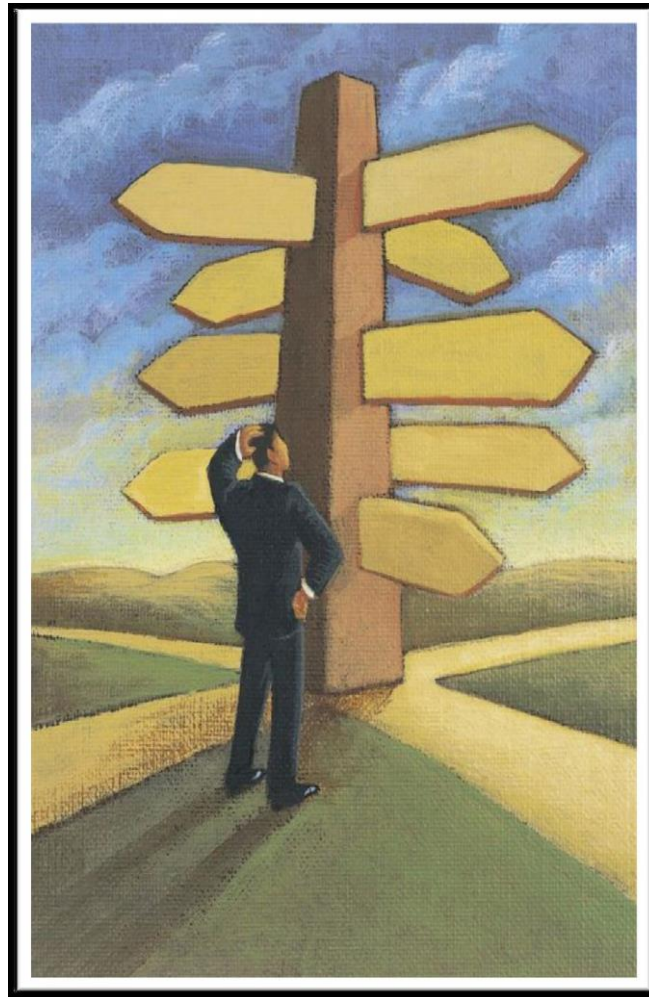


WHAT DIRECTION ARE YOU HEADING?

Workshop on Decision Making

12th October [2 pm to 3:30 pm]

[Year 10 and 11]



“Effective decision-making can be seen as an optimal link between memory of the past, ground-realities of the present and insights of the future.”

Amit Ray, Mindfulness Meditation for Corporate Leadership and Management

Making decisions is a part of everyday life. The decision-making process is choosing among two or more courses of action for a given situation and by identifying a decision, gathering information, and assessing alternative resolutions. Using a step-by-step decision-making process can help you make more deliberate, thoughtful decisions by organising relevant information and defining alternatives.

Decisions may be personal or professional, but, in each case, the choices will often have lasting consequences. Therefore, it is valuable to possess a skill set that will allow you to reflect and weigh alternatives -- finally electing the option that is the most appropriate for each situation.

Conducted by
Ms. Geetanjali

